

SAUNA AREA

Open:
Daily from 3.00 p.m. to 7.00 p.m.

FINNISH SAUNA (90° C)

Helps to eliminate toxins and strengthen the natural defences of the body.

BIOSAUNA (50° C)

Sanarium with chromotherapy and aromatherapy.

STEAM SAUNA (APPROX. 45° C)

The comfortable temperature and high humidity of around 98% are pleasurable and particularly beneficial.

SPA ETIQUETTE

CANCELLATIONS

Cancellations are only accepted up to 8 hours prior to the appointment. Otherwise, the amount of the treatment will be charged to your room.

MOBILE PHONE

Mobile phone sounds or loud voices are not permitted in the SPA / pool area to keep the calm and peaceful atmosphere.

VALUABLE ITEMS

Before heading to the SPA, kindly deposit your jewelry or any valuables in the your room.

ATTIRE

We recommend wearing your swimming suit and bathrobe to arrive to the sauna or your treatment. For hygienic reasons we recommend using the saunas undressed using a towel, this is of course not mandatory. Towels are available in all areas.

GIFT CERTIFICATES

To gift SPA moments to a loved one you may purchase all the SPA services as a gift certificate. We will happily design a bespoke programme for you.



SPA & WELLNESS

ENGLISH



SEASIDE LOS JAMEOS

BODY-COLLECTION

SCRUBS

Refreshing scrub	25 Min.	42 €
Detox scrub with alum stone	25 Min.	42 €
Well Living scrub	25 Min.	45 €
Sea salt and oil scrub	25 Min.	42 €

WRAPS

Pure evening primrose oil	25 Min.	49 €
Cleopatra bath	25 Min.	45 €
Natural mud	25 Min.	35 €
Red Healing Clay	25 Min.	35 €
Seaweed	25 Min.	42 €
Aloe Vera	25 Min.	42 €

MASSAGES

Back	25 Min.	47 €
Face, head, neck	25 Min.	47 €
Sports	50 Min.	89 €
Therapeutic	50 Min.	89 €
Neck, shoulder, back	50 Min.	86 €
Lumbar treatment	50 Min.	89 €
Lymphatic drainage	50 Min.	89 €

SPECIFIC MASSAGES

Foot reflexology	25 Min.	49 €
Foot ritual	50 Min.	86 €
Light legs	50 Min.	86 €
Anti cellulite massage	50 Min.	89 €

ANTI-STRESS MASSAGES

Relaxing Massage	50 Min.	85 €
Volcanic stone massage	50 Min.	85 €

MASSAGES WITH HERBAL STAMPS

Pantai Luar	55 Min.	115 €
Pantai Herbal Belle Visage	50 Min.	86 €

HAIRDRESSER

Wash and blow dry	30 / 40 Min.	30 / 35 €
Haircut ladies	ca. 30 Min.	25 €
Haircut men	ca. 30 Min.	20 €
Mask / Massage	ca. 15 Min.	15 €

KIDS-WELLNESS

Beauty treatment for little "princesses"	25 Min.	39 €
Massage for little "superstars"	25 Min.	39 €